

ADMINISTRATION

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QUARTERLY REINVESTMENT COMMITTEE MINUTES 8/24/2021 10:00-11:00

Microsoft Teams meeting Join on your computer or mobile app <u>Click here to join the meeting</u> <u>Or call in (audio only)</u> <u>+1 267-603-3952</u> Phone Conference ID: 744 027 378#

- I. Introductions and sign-in
 - Participants: Jacque Miller, Deanna Kimble, Elena Farr, Kelly Gordon, Denise Feger, Carol Gilberti, Ginny Noble, Peg Wesneski, Theresa Bower, Shea Madden and Tracy Carney
- II. Overview of the Reinvestment Committee objectives if there are any new members (Jacque)
 - No new members attended this meeting.
- III. Information update provided by HealthChoices

-Current reinvestment contract summary, Excess funds Summary (prepared by Elena/presented by Jacque)



Summary to date.xls Financials 6-30-21.p

-Current Reinvestment plans updates/status (Deanna)



-OMHSAS approval letters, requests, and communications concerning reinvestment (Deanna)

• There is \$0 available currently for reinvestment and there is currently \$0 remaining in the healthy homes fund.

-Current reinvestment plan outcomes (Deanna)



methamphetamine pamphlet.docx

- Denise from Crossroads presented about the methamphetamine program. She shared they have had 23 individuals enrolled in the methamphetamine program since it started. Many of the individuals were current clients who were enrolled in other programs. They were given the opportunity to participate in the specialized areas of the methamphetamine program but were not pulled out of the existing program they were engaged in. Denise shared that 100% of the clients sustained sobriety since becoming involved in the program. The program includes 9 hours per week of group, MAT, individual therapy, and psychiatry. Crossroads is utilizing the matrix model and all therapists are also trauma informed trained. They are currently accepting new clients. Crossroads has also expanded this service format to other counties.
- Recovery Community Connections is beginning to explore expanding to add a certified peer specialist.
- HealthChoices is working with an outside contractor to facilitate a county-wide FIT training. The contractor has signed the contract for a 3-module training on family interactive therapy that will be limited to 50 participants.
- HealthChoices received approval for the Short-Term RTF reinvestment plan. The RFP was sent to all providers and HealthChoices is currently recruiting for the evaluation committee.
- V. Stakeholder feedback, recommendation(s) and requests for further study to determine feasibility of recommendations using future reinvestment funds.
 - HealthChoices staff shared about a program called Multisystemic Therapy-Problem Sexual Behaviors (MST-PSB) and shared an outline of the program including how it could benefit the members of Lycoming/Clinton counties. MST-PSB is a program to treat adolescents who have committed sexual offenses and/or who have demonstrated other problem behaviors. The program is an intensive service that works with a family for approximately 5-7 months in their natural settings. In addition to working with the client, the treatment team includes those involved in the adolescents lives in treatment to help those surrounding the adolescent build upon the skills needed to help the adolescent grow and develop.
- VI. Sharing of CFS/T member comments (Deanna)



- A committee member asked if there was follow up after a member shared needs with a surveyor. Deanna shared that the surveyor provides information to the member to assist with their need. Additionally, Deanna is sent a form with the information about the interaction and she reaches out to the member for discussion and to provide any needed resources.
- VII. Current Stakeholder and Committee Recommendations (see attachment)
 - 1. Jennifer drew attention to the inadequate supports provided to incarcerated individuals with behavioral health needs. The committee discussed the current services and supports that are presently available in both Lycoming County Prison and the Clinton County Correctional Facility (MH and SUDs assessments, case management, and peer support) and what forms of additional help might be beneficial to this population. Suggestions included assistance with re-establishing MA eligibility, securing housing, and supports to help facilitate transition back to the community.
 - 2. To help adults who are struggling to parent with mental health or substance use issues, parenting education and supports are recommended as a potential future reinvestment plan.

- 3. Carole shared that the new federal Family First Preservation Act will require counties to develop resources and processes that support family preservation and prevents children from being placed out of the home in residential treatment facilities. Reinvestment funds may want to be directed towards activities and services that provide support to at-risk families.
- 4. Deanna shared plan ideas that have derived from Oversight and Internal Meeting discussions. Keith suggested moving forward with gathering information and data regarding Peer Specialist Transitional Supports to present for the consideration of the committee.
- 5. Teresa Bower noted that there is a shortage of counselors who are knowledgeable in eating disorders, such as anorexia. She also noted the ongoing shortage of services by psychiatrists. Jacque agreed with both her suggestions and added that the shortage of psychiatric services is a problem nationwide.
- 6. Denise Feger from Crossroad discussed consideration of any available reinvestment funds. Crossroads is considering starting a structured mental health outpatient program that would run about 9 hours per week. It would look similar to the structure of the methamphetamine program or their structured Intensive Outpatient (IOP). They would use these services for individuals in mental health court and those facing chronic mental illness.
- 7. HealthChoices staff shared about a program called MST-PSB and shared an outline of the program including how it could benefit the members of Lycoming/Clinton counties.

Next Scheduled Meeting: November 23, 2021 10:00-11:00