

Lycoming-Clinton HealthChoices

**updated as of 8/1/2022

Children Services available for HealthChoices Members

****ALL PROVIDERS ARE CONTRACTED TO SERVE MEMBERS WHO RESIDE IN LYCOMING AND CLINTON COUNTIES.**

A complete list of all providers in PA who are credentialed to serve Lycoming-Clinton members can be found on the Community Care website: https://www.ccbh.com/ProviderDirectory/Home/ChooseLocation												
LEVEL OF CARE	PROVIDER	Ages/Grades Served	Evidence-Based Certified Therapists (If seeking therapist with specific certification, ensure you ask availability)						ADMINISTRATOR/CONTACT INFORMATION	PHONE	Notes	
			TF-CBT	DBT	BCBA	Art	Play	Other				
Intensive Behavioral Health Services (IBHS)	Merakey	Ages 3-21							Kari Ulrich 1990 West Third Street, Williamsport	570-320-2816	ABA services available	
	Therapeutic Behavioral Health Services	Ages 3-21							Blaire Neil 1521 Washington Blvd., Williamsport	570-322-5051		
	Diversified Treatment Alternative Centers, LLC	Ages 2-21			X			X	Kelly Wool 40 Lawton Lane, Milton	570-524-0307	ABA services available; Other: Family Interative Therapy Trained	
	CONCERN Professional Services	Ages 3-21						X	Megan Scholl 60 North 8th St. Lewisburg	570-523-1297	Other: Certified-Parenting with Love and Limits, Family Interative Therapy Trained	
	ABA Support Services	Ages 0-21			X				Amy Gable Trolley Station Mall, Suite22A, Bethlehem	610-365-2522	Facility is located in Bethlehem but provider has local staff	
Abuse Resolution and Recovery (ARRTS)	Diversified Treatment Alternative Centers, LLC	Ages 5-17	X						X	Kelly Wool 40 Lawton Lane, Milton	570-524-0307	Other: Certified-Sexual Health Counseling Approaches
Dialectical Behavioral Therapy (DBT)	Community Services Group, Inc.	12 and older	X	X						Ivy Eldred 1000 Commerce Park Drive, Suite 110, Wmspt.	570-323-6944	Initial appointments are through Same Day Access services in order to decrease wait between referral and starting services. Scheduled initial appointments are available when needed/requested if there is a barrier to use of Same Day Access. Adolescent DBT group offered as part of the program
Family Based Mental Health Services (FBMH)	Diakon Family Life Services	Ages 4-21	X						X	Michelle McElwee 241 Broad St, Montoursville	570-327-4913	Other: Family Interative Therapy Trained
	Community Services Group, Inc.	Ages 4-21	X	X						Paula Yeckley extension 20061 1000 Commerce Park Drive, Suite 110, Wmspt.	570-323-6944	
Multi-Systemic Therapy (MST)	Community Solutions, Inc.	ages 12-17								Isaac Westdorp/Grace Diehl 420 West 4th Street, 1st Floor A, Wmspt.	610-435-3343	Provider can complete written order for internal services and referral doesn't have to come with the recommendation.
Parent/Child Interactive therapy (PCIT)	Community Services Group, Inc.	Ages 2-7							X	Ivy Eldred 1000 Commerce Park Drive, Suite 110, Wmspt	570-323-6944	Other: Certified-PCIT
Specialized In-Home Treatment (SPIN)	Diakon Family Life Services	Ages 8-18								Laurel Spencer 520 West 4th Street, Williamsport	570-322-7873	
Mental Health Partial Hospitalization	Diversified Treatment Alternative Centers, LLC	Grades K-12	X						X	Jade Smith 184 East Village Drive, Williamsport	570-320-0359	Other-Certified: PBIS, Family Interative Therapy Trained
										435 East Front Street, Danville	570-275-1380	
											570-275-1380	

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			TF-CBT	DBT	BCBA	Art	Play	Other				
	BLaST IU 17	grades K-12							Megan Brickley 136 Catawissa Avenue, Williamsport	570-980-1778 x1330	Groups offered to clients as part of the programming; email- MBrickley@iu17.org	
Mental Health Outpatient Clinics												
	Community Services Group, Inc.	All ages	X	X					Ivy Eldred 1000 Commerce Park Drive, Suite 110, Wmspt. 7930 Nittany Valley Drive, Mill Hall	570-323-6944	Initial appointments are through Same Day Access services in order to decrease wait between referral and starting services. Scheduled initial appointments are available when needed/requested if there is a barrier to use of Same Day Access.	
	Crossroads Counseling	All ages						X	William Knecht/Denise Feger 501 East 3rd Street, Williamsport 8 North Grove Street, Lock Haven	570-323-7535	Eating Disorder trained therapist on staff	
	Diakon Family Life Services	All ages	X			X		X	Laurel Spencer 435 West 4th Street, Williamsport 241 Broad Street, Montoursville	570-322-7873	Other: Family Interactive Therapy Trained	
Mental Health Outpatient Practitioners												
	Allay Mental Health & Wellness	All ages							811 Market Street, Wmsprt.	570-433-0249		
	Chances and Changes	All ages							Bobbi McClean, LCSW 207 North Vesper Street, Lock Haven	570-748-6475		
	Keystone Counseling and Evaluation Services	All ages	X					X	Sarah Santucci 120 South Highland Street, Lock Haven	570-748-7173	Other: Certified-school neuropsychology, Mindfulness, Play Therapy, Sandtray Play Therapy trained, Animal Assisted Interventions trained, LEGO-based play therapy techniques trained, Art Therapy trained, Child/Adolescent trauma professional	
	A Place for Change	All ages							Jennifer Ransom, LPC/Melissa Fritts, LSW 216 Main Street, Mill Hall	570-295-6958		
	Susquehanna Physician Services	Ages 5 and older		X					Stacie Moore 1100 Grampian Blvd., Williamsport	570-320-7525		
	Therapeutic Behavioral Health Services	All ages							John Neil, PsyD/Blaire Neil 1521 Washington Blvd., Williamsport	570-322-5051		
	Gillum Psychological & Counseling Services	Ages 4 and older	X	X					Michael Gillum, MA 711 Washington Blvd Suite 100 Williamsport	570-321-6390	2 Licensed Social Workers accept clients out of Gillum Psychological and Counseling Services	
	Hugh S. Smith, Ph.D. and Associates, P.C.	All ages							Andrea Weller, PsyD 1536 Catherine Street, Williamsport	570-321-7860		
	Family Practice Center, PC	Ages 3 and older						X	Tonya Valentine, LPC 246 S. Main Street, Hughesville	570-584-5144	Other: Certified-Health Coach	
	Manno Therapeutic Services	All ages							311 Frederick St., Lock Haven	814-205-4004		

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			TF-CBT	DBT	BCBA	Art	Play	Other				
Mental Health Outpatient Private Practice												
	Aimee Senott, LCSW	All ages								205 Mill Street, Milesburg	814-357-2400	
	Raymond McGinnis, LCSW	All ages								55 Pierce Lane, Suite 201B, Montoursville	570-419-4084	
	Rebecca Wright, LPC, CSOTS	All ages								142 East Church Street 2nd fl., Lock Haven	570-502-3439	Groups offered to clients
	Christina Robidoux, LPC	All ages								800 West Fourth Street Suite G02, Williamsport	570-858-1909	
	Tricia Steele, LCSW	All ages								57 East 4th Street, Williamsport	570-560-4715	
	Townsend Velkoff, MS	All ages								200 East Street, Williamsport	570-337-3320	
	Pamela Wollet, LCSW	All ages								1000 Commerce Park Dr, Suite 307, Wmspt.	570-220-6270	grief counselor
	Radiance Wellness Group, LLC	All ages						X		Jamie Plocinski 953 Market Street, Wmspt.	570-601-4325	Other: EMDR trained; CPT trained
Co-Occurring Outpatient Services	Crossroads Counseling	Ages 14 and older						X		William Knecht/Denise Feger 501 East 3rd Street, Williamsport 8 North Grove Street, Lock Haven	570-323-7535 570-893-1886	Eating Disorder trained therapist on staff
	Diakon Family Life Services	Ages 14 and older						X		Michele Barrows 241 Broad Street, Montoursville	570-433-7060	Other: Family Interactive Therapy Trained
Medication Management	Community Services Group, Inc.	All ages								Ivy Eldred 1000 Commerce Park Drive, Suite 110, Wmspt. 7930 Nittany Valley Drive, Mill Hall	570-323-6944 1-877-907-7970	Initial appointments are through Same Day Access services in order to decrease wait between referral and starting services. Scheduled initial appointments are available when needed/requested if there is a barrier to use of Same Day Access.
	Crossroads Counseling	All ages						X		William Knecht/Denise Feger 501 East 3rd Street, Williamsport 8 North Grove Street, Lock Haven	570-323-7535 570-893-1886	Eating Disorder trained therapist on staff
	Diakon Family Life Services	All ages								Laurel Spencer 435 West 4th Street, Williamsport 241 Broad Street, Montoursville	570-322-7873 570-433-7060	
	UPMC Susquehanna Health	Ages 5 and older								Stacie Moore 1100 Grampian Blvd., Williamsport 700 High Street, Williamsport 1 Outlet Lane, Lock Haven	570-320-7525 570-321-2345 570-320-7525	
Psychiatrist Consultation Services	Susquehanna Physician Services	Ages 5 and older								1100 Grampian Blvd., Williamsport	570-326-8920	
Psychiatrist Outpatient Services	Susquehanna Physician Services	Ages 5 and older								1100 Grampian Blvd., Williamsport	570-326-8920	
Psychological Testing	Geisinger Clinic	All ages								100 N. Academy Ave. Danville	570-271-6211	
	Hugh S. Smith, PhD. and Associates, P.C.	All ages								1536 Catherine Street, Williamsport	570-321-7860	
	Gillum Psychological & Counseling Services	All ages								Michael Gillum, MA 711 Washington Blvd Suite 100 Williamsport	570-321-6390	
	Susquehanna Physicians Services	All ages								Sayed Alamay, M.D.		

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			TF-CBT	DBT	BCBA	Art	Play	Other				
										1100 Grampian Blvd., Williamsport	570-326-8920	
Neuropsychological Testing	Hugh S. Smith, PhD. and Associates. P. C.	Ages 2 and older								Hugh Smith, PhD 1536 Catherine Street, Williamsport	570-321-7860	
Community Rehabilitation Resource Host Home (CRR-HH)												
	Diversified Treatment Alternatives, LLC	All ages								Alvin Weaver	570-523-3457	
	PA Mentor	All ages								Lindsey Miller 4332 West Branch Highway, Lewisburg	570-523-0107	
Crisis Intervention Services	Center for Community Resources	All ages								Crisis Intervention - MH Shanon Quick 200 East Street, Williamsport 8 North Grove Street, Lock Haven	1-844-707-3224	Text #63288; Chat ccrinfo.org
Targeted Case Management (TCM)	Lycoming-Clinton County Joinder	Ages 5 and older							X	Shelly Hittle/Marci Griswold 200 East Street, Williamsport 8 North Grove Street, Lock Haven	570-323-3467	Children under the age of 5 are considered on a case by case basis. Other: Family Interactive Therapy Trained
	Service Access & Management, Inc.	Ages 5 and older								Jillian Gosselein 1948 East 3rd Street, Suite D, Williamsport	570-560-1008	Documentation of Mental Health Diagnosis needed for services
Certified Peer Support Services	Skills of Central PA, INC	Ages 14 and older								Jillian Park 227 Academy Street, Williamsport	272-202-4912	
Behavioral Health Case Management	Geisinger	All ages								Amie Hoffman Chelsea Miller 255 US220 Muncy	570-214-7824 814-880-6220	
School Based Mental Health Services:												
School Based Intensive Outpatient	Crossroads Counseling	School age								Denise Feger 200 Ben Ave, Mill Hall	570-323-7535 570-726-3141	Services are only available to those students attending Central Mountain Middle School
Community and School Based Behavioral Health (CSBBH)	Merakey (Keystone Central School District)	School age-21								Kari Ulrich 1301 Bucktail Ave, Renovo 1301 Bucktail Ave, Renovo 400 East Church Street, Lock Haven	570-320-2816 570-923-2100 570-923-1166 570-748-3501	
	Friendship House (Wmspt Area School District)	School age-21								Joseph Dunn 1500 Cherry Street Williamsport 85 Eldred Street Williamsport 2500 Newberry Street Williamsport 1825 Hays Lane Williamsport	570-419-4657	
School Based Outpatient	Community Services Group, Inc.	Grades K-12	X	X						Ivy Eldred 1088 3rd St, Jersey Shore 555 W Mountain Ave, South Williamsport 601 Locust St, Jersey Shore 701 Cemetery St, Jersey Shore 601 Thompson St, Jersey Shore 120 Penn St, Montgomery 515 W Central Ave, South Williamsport 3490 PA-287, Jersey Shore 700 Percy Street, South Williamsport	570-323-6944 570-753-5220 570-323-3694 570-398-7120 570-398-7170 570-398-7400 570-547-1608 570-320-4470 570-398-2931 570-326-2684	
	Crossroads Counseling	Grades K-12								William Knecht/Denise Feger 1300 Bucktail Ave, Renovo	570-323-7535 570-923-1166	

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			TF-CBT	DBT	BCBA	Art	Play	Other				
	Central Mountain High School								4 Keystone Central Dr, Mill Hall	570-893-4646		
	Central Mountain Middle School								200 Ben Ave, Mill Hall	570-726-3141		
	Liberty Curtain Elementary								11125 N Eagle Valley Rd, Blanchard	570-962-2225		
	Mill Hall Elementary								206 Kyle Ave, Mill Hall	570-726-3105		
	Renovo Elementary								1301 Bucktail Ave, Renovo	570-923-2100		
	Robb Elementary								400 E Church St, Lock Haven	570-748-3501		
	Woodward Elementary								35 King St, Lock Haven	570-748-4025		
	Diakon Family Life Services	Grades K-12	X						Laurel Spencer	570-322-7873		
	Ashkar Elementary School								350 S Broad St, Hughesville	570-584-5121		
	Cochran Elementary School								1500 Cherry St, Williamsport	570-322-9731		
	Curtin Intermediate School								85 Eldred St, Williamsport	570-323-4785		
	C.E. McCall Middle School								600 Willow St, Montoursville	570-368-2441		
	Ferrell Elementary School								34 Court St, Picture Rocks	570-584-3341		
	Hepburn-Lycoming Elementary School								355 PA-973, Cogan Station	570-494-1112		
	Jackson Elementary School								2500 Newberry St, Williamsport	570-323-1992		
	Lyster Elementary School								900 Spruce St, Montoursville	570-368-2614		
	Hughesville High School								349 Cemetery St, Hughesville	570-584-5111		
	Loyalsock High School								1801 Loyalsock Dr, Williamsport	570-326-3581		
	Loyalsock Middle School								2101 Loyalsock Drive, Williamsport	570-323-9439		
	Loyalsock Valley Elementary School								3790 State Rt, Montoursville	570-435-0446		
	Lycoming Valley Middle School								1825 Hays Ln, Williamsport	570-601-3900		
	Montoursville Area High School								700 Mulberry Street, Montoursville	570-368-2611		
	Muncy Junior/Senior High School								200 W Penn St, Muncy	570-546-3125		
	Ward L. Myers Elementary School								25 New St, Muncy	570-546-3129		
	Schick Elementary School								2800 Four Mile Drive, Montoursville	570-326-3554		
	Williamsport Area High School								2990 W 4th St, Williamsport	570-323-8411		
	Williamsport Area Middle School								2800 W 4th St, Williamsport	570-323-6177		

Substance Use Services:

Assessment & Case Management	West Branch Drug & Alcohol	All ages							Shea Madden	570-323-8543	
<i>Drug & Alcohol 24 Hour Emergency Line</i>		All ages							<i>24 Hour Emergency Line - D&A</i>	1-888-941-2721	
									213 West 4th Street, Williamsport		
									124 1/2 East Main Street, Lock Haven		
Outpatient D&A Clinic	Crossroads Counseling	14 and older						X	William Knecht	570-323-7535	Eating Disorder trained therapist on staff
									501 East 3rd Street, Williamsport		
									8 North Grove Street, Lock Haven	570-893-1886	
	Genesis House	14 and older							Rachel Hahn and Mark Collister	570-322-0520	
									800 West 4th Street, Suit G-01, Wmspt.		
	Diakon Family Life Services	14 and older							Michelle Barrows	570-433-7060	
									241 Broad Street, Montoursville		
Community Based Drug and Alcohol (CBDA)	Crossroads Counseling	Ages 10-18						X	William Knecht/Denise Feger	570-323-7535	Eating Disorder trained therapist on staff
									501 East 3rd Street, Williamsport		
									8 North Grove Street, Lock Haven	570-893-1886	

Other (Non HealthChoices) Services:

STUDENT ASSISTANCE PROGRAM (SAP): LY CYS and LY-CI MH	Lycoming-Clinton County Joinder	All ages							Mark Longenberger/Glenn Griswold	570-326-7895	
STUDENT ASSISTANCE PROGRAM (SAP): Lyc-Clinton D&A	West Branch Drug & Alcohol	All ages							Shea Madden	570-323-8543	
School Outreach Worker											
	East Lycoming School Districts: all school buildings								Denise Gorini	570-419-7329	
	Jersey Shore Area School District: all school buildings								Margie Sauers	570-419-7321	
	Keystone Central School District: Elementary Schools								Ashleigh Keller	570-772-2315	
	Keystone Central School District: Central Mountain Middle and High Schools and Bucktail High School								Hilaire Reese	570-772-2316	
	Loyalsock Township School District: all buildings								Tim Smith	570-419-7304	
	Montoursville School District and Montgomery School District: all school buildings								Vic Gorini	570-419-7306	

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			TF-CBT	DBT	BCBA	Art	Play	Other				
	South Williamsport Area School District and Muncy School District: all school buildings									Dustin Gehr	570-419-7310	
	Williamsport School District (Lycoming Valley, Hepburn Lycoming, Stevens, Cochran, Jackson and Curtin Schools): grades K-4th									April Taylor	570-419-7318	
	Williamsport School District: grades 5th-8th									Sharon Nevill	570-494-8870	
	Williamsport High School: grades 9-12									Chad Mix	570-447-3608	
DRUG & ALCOHOL (D&A) PREVENTION/INTERVENTION SERVICES:	West Branch Drug & Alcohol	All ages								Shea Madden	570-323-8543	
	Drug & Alcohol 24 Hour Emergency Line									24 Hour Emergency Line - D&A	1-888-941-2721	
	"Too Good for Drugs" Curriculum for Schools											
	Community & Classroom Presentations											
	Worksite Technical Assistance regarding Alcohol, Tobacco and Other Drugs (ATOD)											
	Resources available (Videos, Brochures, Visual Displays)											
	Wellness/Health fairs with Worksite Technical Assistance											
CASSP COORDINATION	Lycoming-Clinton County Joinder/HealthChoices	Ages 0-21								Kelly Gordon	570-326-7895	

Diakon School Based Outpatient Services:

School Name:
Ashkar Elementary School
Cochran Elementary School
Curtin Intermediate School
C.E. McCall Middle School
Ferrell Elementary School
Hepburn-Lycoming Elementary School
Jackson Elementary School
Lyter Elementary School
Hughesville High School
Loyalsock High School
Loyalsock Middle School
Loyalsock Valley Elementary School
Lycoming Valley Middle School
Montoursville Area High School
Muncy Junior/Senior High School
Ward L. Myers Elementary School
Schick Elementary School
Williamsport Area High School
Williamsport Area Middle School

Crossroads Counseling School Based Outpatient Services:

School Name:
Bucktail High School
Central Mountain High School
Central Mountain Middle School
Liberty Curtain Elementary
Mill Hall Elementary
Renovo Elementary
Robb Elementary
Woodward Elementary

Community Services Group School Based Outpatient Services:

School Name:
Avis Elementary School
Central Elementary School
Jersey Shore Area Elementary School
Jersey Shore Area High School
Jersey Shore Area Middle School
Montgomery Area Schools
Rommelt Elementary School
Salladasburg Elementary School
South Williamsport Area Jr/Sr. High School

CONTINUUM OF CARE - DEFINITIONS

ABUSE RESOLUTION & RECOVERY TREATMENT SERVICES (ARRTS) SERVES AGES 5-17

ARRTS is a community-based program for children and adolescents who require intense therapy to address traumatic experiences.

APPLIED BEHAVIOR ANALYSIS (ABA)

Children, whom have an diagnosis on the autism spectrum, will receive Applied Behavior Analysis therapy within a full day, center based program. Applied Behavioral Analysis therapy is an evidence based treatment that teaches a child to improve their communication and behavior skills by using techniques such as positive reinforcement, modeling, and discrete trial training.

CHILD AND ADOLESCENT SOCIAL SERVICES PROGRAM (CASSP)

A community resource to help structure multi-systemic teams, connect families to resources, and assist families with communication or treatment plan breakdowns. CASSP is a county program designed to advocate for family or child needs.

COMMUNITY BASED DRUG AND ALCOHOL TREATMENT (CBDA)

Community based drug and alcohol counseling service for adolescents ages 10-18 with a person centered, family focused approach. Services can take place in the adolescents home, community and school.

COMMUNITY RESIDENTIAL REHABILITATION (CRR) HOST HOME

Family homes that provide 24 hour living arrangements and mental health treatment for youth whose emotional or behavioral needs cannot be treated effectively in their own home, but can still benefit from treatment in a home-like setting within their community.

COMMUNITY AND SCHOOL BASED BEHAVIORAL HEALTH (CSBBH)

The CSBBH Team Program is a voluntary service available to schools and/or school districts as an alternative to existing school-based services, typically IBHS. CSBBH Team services are more flexible than IBHS given the fact that services are provided to the identified child only during specific times of clinical need. CSBBH Team Services may include, but are not to be limited to, individual, family and/or group therapies provided to the child and/or family/caregivers; behavior management; case management; assessment; crisis intervention; family support; service referral and linkage. The CSBBH teams utilize evidence based modalities throughout service delivery based upon the child's individual needs.

CO-OCCURRING OUTPATIENT SERVICES

An integrated service approach for clients diagnosed with both mental health and substance use disorders.

CRISIS SERVICES (MOBILE, TELEPHONE, AND WALK-IN)

Crisis services include 24 hour, seven days a week, toll-free telephone hotline services, mobile crisis services, and walk-in crisis services. A mental health crisis is an intensive behavioral, emotional, substance use, or psychiatric situation, which, if left untreated, could result in an emergency situation requiring placement in a more restrictive setting.

DIALECTICAL BEHAVIOR THERAPY (DBT) SERVES AGES 12 AND OLDER

An evidence based cognitive behavioral treatment developed by Marsha Linehan, PhD, ABPP. It emphasizes individual psychotherapy and group skills training classes to help people learn and use new skills and strategies to develop a life that they experience as worth living. Cognitive behavioral therapy tries to identify and change negative thinking patterns and pushes for positive behavioral changes. DBT may be used to treat suicidal and other self-destructive behaviors. DBT was developed to help people cope with extreme or unstable emotions and harmful behaviors. Its main goals are to teach people how to live in the moment, cope healthily with stress, regulate emotions, and improve relationships with others.

FAMILY-BASED MENTAL HEALTH SERVICES (FBMHS) SERVES AGES 4-21

An evidence based, Team-delivered, and intensive in-home services. These services combine mental health treatment, family support services, and case management so that you may continue to care for your child with a serious mental illness or emotional disturbance at home. Includes 24/7 crisis support.

INTENSIVE BEHAVIORAL HEALTH SERVICES (IBHS) SERVES AGE UP TO 21

IBHS support children, youth, and young adults with mental, emotional, and behavioral health needs in their homes, schools, and communities. Services include **Behavior Consultation** services, **Mobile Therapy** services and **Behavior Health Technician** services. **Behavior Consultation Services** include assessment of a youth's needs and development of an Individualize Treatment Plan that includes the interventions that will be used to meet the identified needs. **Mobile Therapy** services are used to provide therapy to a child, youth, or young adult and family members, to work on identified goals. **Behavior Health Technicians** carry out the interventions included in a youth's treatment plan, and collect data on behaviors that are addressed in the treatment plan.

INPATIENT

Short-term and individualized clinical intervention for mental health or substance use diagnoses, or both, provided in a licensed hospital setting.

MEDICATION MANAGEMENT

A psychiatric service where a psychiatrist monitors medication use and can prescribe psychiatric medications when needed.

MULTISYSTEMIC THERAPY (MST) SERVES AGES 17 AND YOUNGER

An evidence based, intensive family- and community-based treatment program designed to make positive changes in the various social systems (home, school, community, peer relations) that contribute to the serious antisocial behaviors of children and adolescents who are at risk for out-of-home placement. It is also treatment for serious juvenile offenders with possible substance abuse issues and their families. The primary goals of MST are to decrease youth criminal behavior and out-of-home placements.

NEUROPSYCHOLOGICAL TESTING

Neuropsychological testing is an important component of the assessment and treatment of traumatic brain injury, dementia, neurological conditions, and psychiatric disorders. Neuropsychological testing is also an important tool for examining the effects of toxic substances and medical conditions on brain functioning.

OUTPATIENT and SCHOOL BASED OUTPATIENT SERVICES

Treatment/therapy for mental health and substance use disorders provided in an outpatient setting. School Based Outpatient services are treatment/therapy provided on-site at the child/youth's school building, during the school day.

PARENT-CHILD INTERACTION THERAPY (PCIT) SERVES AGES 2-7

An evidence based, dyadic behavioral intervention for children (ages 2.0 – 7.0 years) and their parents or caregivers that focuses on decreasing externalizing child behavior problems (e.g., defiance, aggression), increasing child social skills and cooperation, and improving the parent-child attachment relationship. It teaches parents traditional play-therapy skills to use as social reinforcers of positive child behavior and traditional behavior management skills to decrease negative child behavior. Parents are taught and practice these skills with their child in a playroom while coached by a therapist. The coaching provides parents with immediate feedback on their use of the new parenting skills, which enables them to apply the skills correctly and master them rapidly. *PCIT* is time-unlimited; families remain in treatment until parents have demonstrated mastery of the treatment skills and rate their child's behavior as within normal limits on a standardized measure of child behavior. Therefore treatment length varies but averages about 14 weeks, with hour-long weekly sessions.

PARTIAL HOSPITALIZATION PROGRAM (PHP) SERVES SCHOOL AGE UP TO 21

Daytime program that provides individual and group counseling utilizing evidence based treatment models as well as medication monitoring or management. The program is provided on a regularly scheduled basis for a minimum of three hours, but less than 24 hours in any one day.

PENNSYLVANIA'S STUDENT ASSISTANCE PROGRAM (SAP)

Pennsylvania's Student Assistance Program (SAP) is designed to assist school personnel in identifying issues including alcohol, tobacco, other drugs and mental health issues which pose a barrier to a student's success.

PSYCHIATRIC OUTPATIENT SERVICES

A service which provides client's with a psychiatric evaluation by a licensed psychiatrist to identify mental health diagnoses.

PSYCHOLOGICAL TESTING

Psychologists use tests and other assessment tools to measure and observe a client's behavior to arrive at a diagnosis and guide treatment.

RESIDENTIAL TREATMENT FACILITY (RTF)

A temporary residence for youth with severe emotional and/or behavioral disorders that cannot be managed in the community. Doctors, therapists, social workers and childcare workers provide care and treatment; families are expected to be involved.

SCHOOL BASED OUTPATIENT PROGRAM (SBOP)

This program provides children in grades K-12 with counseling services within the school setting.

SCHOOL BASED INTENSIVE OUTPATIENT PROGRAM (IOP)

Utilizing a trauma-focused approach, the program aims to prevent admission to more restrictive levels of care (MHIP, RTF, etc.), and to provide a step-down level of care for adolescents and children that are returning to school from out of home placements, PHP, and MHIP.

SPECIALIZED IN-HOME TREATMENT SERVICES (SPIN) SERVES AGES 8-18

An intensive, family-based mental health program that provides individual counseling, individual therapy, family therapy, case management, and group therapy to youths between 8 and 18 (with occasional age exceptions made on an individual basis) who have sexual-behavior issues that meet "medical-necessity" criteria for this services. SPIN's mission is to reduce sexual victimization by providing treatment services to youths who sexually act out or offended—and by providing education and treatment services to family members of youths who sexually act out or offended, so that the youths have support to maintain low-risk behaviors.

SUBSTANCE USE DISORDER ASSESSMENT AND CASE MANAGEMENT

A substance use disorder assessment is service provided to individuals with a substance use disorder to identify the appropriate level of care. Case management services provide clients with a linkage to information or resources needed outside of treatment (i.e.. housing, education, supports, etc.).

TARGETED CASE MANAGEMENT SERVICES SERVES AGES 5 AND OLDER

Case Managers provide assistance in obtaining and coordinating resources, services, and supports.

Intensive Case Management (ICM)

Most intensive level of case management. The ICM has contact with you and your child at least once every 2 weeks.

Resource Coordination (RC):

Less intensive and has contact with you and your child at least 1 time per month.

Blended Case Management / Targeted Case Management (BCM/TCM)

More flexible and the intensity depends on your child's changing needs. The BCM has contact with you at least 1 time per month.

**This continuum is not representative of all available mental health and drug and alcohol services. Please contact the local Mental Health/Intellectual Disabilities/Early Intervention and Drug and Alcohol organization in your county of residence for information on additional supports and resources.*

Child/Adolescent Levels of Care from Most to Least Restrictive

Inpatient Hospitalization

Residential Treatment Facility

Community Residential Rehabilitation (CRR) Host Home

Child/Adolescent Partial Hospitalization Program (PHP)

Family Based Mental Health Services (FBMH)

Multisystemic Therapy (MST)

Intensive Behavioral Health Services (IBHS)

Community and School Based Behavioral Health (CSBBH)

Outpatient Mental Health

School Based Outpatient Services

Targeted Case Management (TCM)

Intensive Case Management/Resource Coordination (ICM/RC)

Crisis Services

HealthChoices and Community Care contract with numerous qualified mental health and drug and alcohol treatment providers in Lycoming and Clinton counties, and there are several ways to access help and support:



If you have problems getting the services you need, contact Community Care Customer Services at 1-855-520-9787. Member Services staff is available 24 hours a day, 7 days a week, every day of the year.