

## **Children's Mental Health Services:**

**General Hospital – Lab Services:** testing prescribed by a behavioral health practitioner related to a behavioral health diagnosis.

**IBHS – ABA:** an evaluation conducted with the child, youth, or young adult that is used to develop a plan for interventions to achieve a targeted behavior.

**IBHS-Individual:** one on one intensive therapeutic interventions and supports that are used to reduce and manage problem behaviors, increase coping strategies, and support skill development for a child, youth, or young adult in the home, school, or other community setting.

**IBHS-Group:** therapeutic interventions provided primarily in a group format through clinical interventions, including psychotherapy and ABA services, structured activities, and community integration activities that address a child's, youth's or young adult's identified treatment needs.

**Partial Hospitalization – Non Acute:** Daytime program that provides individual and group counseling as well as medication monitoring or management. The program is provided on a regularly scheduled basis for a minimum of three hours, but less than 24 hours in any one day.

**Psychological Testing:** the use by Psychologists of tests and other assessment tools to measure and observe behavior to arrive at a diagnosis and guide treatment.

**Tele psychiatry:** the delivery of psychiatric assessments and care through telecommunications technology, usually by videoconferencing at a provider office.

## **Children's Substance Use Disorder Services:**

**Non-Hospital Detox:** a non-hospital, residential facility, providing treatment and rehabilitation or detoxification.

**Intensive Outpatient:** a program that provides 9-19 hours a week of structured programming consisting primarily of counseling and education about addiction-related problems.

**Level of Care Assessment:** a face to face evaluation to ascertain the degree and severity of alcohol or other drug use in order to determine the appropriate treatment or services.

## **Adult Mental Health Services:**

**Clozaril Support Services:** services provided by a psychiatrist or nurse to review how you are doing if you take the medication Clozaril. Services include regular office visits and laboratory tests.

**General Hospital – Lab Services:** testing prescribed by a behavioral health practitioner related to a behavioral health diagnosis.

**Partial Hospitalization:** the provision of psychiatric, psychological, social and other therapies on a planned and regularly scheduled basis. Partial hospitalization is designed for those clients who would benefit from more intensive services than are offered in outpatient treatment projects, but who do not require 24 hour inpatient care.

**Psychiatric Rehabilitation – Clubhouse:** a Supported Employment service designed to teach emotional, cognitive, and social skills that help adults diagnosed with mental illness to be successful and satisfied living and working in their communities as independently as possible.

**Psychiatric Rehabilitation – Mobile:** service is designed to meet clients in their homes and communities to teach emotional, cognitive, and social skills that help adults diagnosed with mental illness to be successful and satisfied living and working in their communities as independently as possible.

**Psychiatric Rehabilitation – Site Based:** a site-based program designed to teach emotional, cognitive, and social skills that help adults diagnosed with mental illness to be successful and satisfied living and working in their communities as independently as possible.

**Psychological Testing:** the use by Psychologists of tests and other assessment tools to measure and observe behavior to arrive at a diagnosis and guide treatment.

**Tele psychiatry:** the delivery of psychiatric assessments and care through telecommunications technology, usually by videoconferencing at a provider office.

**Electroconvulsive Therapy:** (ECT) is a medical treatment most commonly used in adults with severe major depression or bipolar disorder that has not responded to other treatments. ECT involves a brief electrical stimulation of the brain while the person is under anesthesia.

**Inpatient Mental Health:** mental health treatment provided in a hospital environment for a person in need of help 24 hours, around the clock.

## **Adult Substance Use Disorder Services:**

**Case Management/Care Coordination:** individualized client-centered service targeted to persons with substance use disorder who have multiple and complex needs. The purpose is to provide support, advocacy, and assistance in accessing needed services and resources.

**Level of Care Assessment:** a face to face evaluation to ascertain the degree and severity of alcohol or other drug use in order to determine the appropriate treatment or services

**Medication Assisted Treatment: Buprenorphine Treatment and Methadone Maintenance:** (MAT) is the use of medications in combination with counseling and behavioral therapies, which is effective in the treatment of opioid use disorders, and can help some people to sustain recovery.

**Inpatient Detoxification/Rehabilitation:** substance abuse treatment provided in a controlled clinic environment, with 24-hour medical and emotional support.